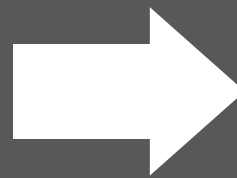
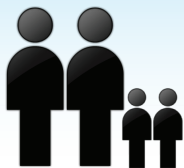


# Food Insecurity

is not having enough food or worrying there is not enough to eat because of a lack of money

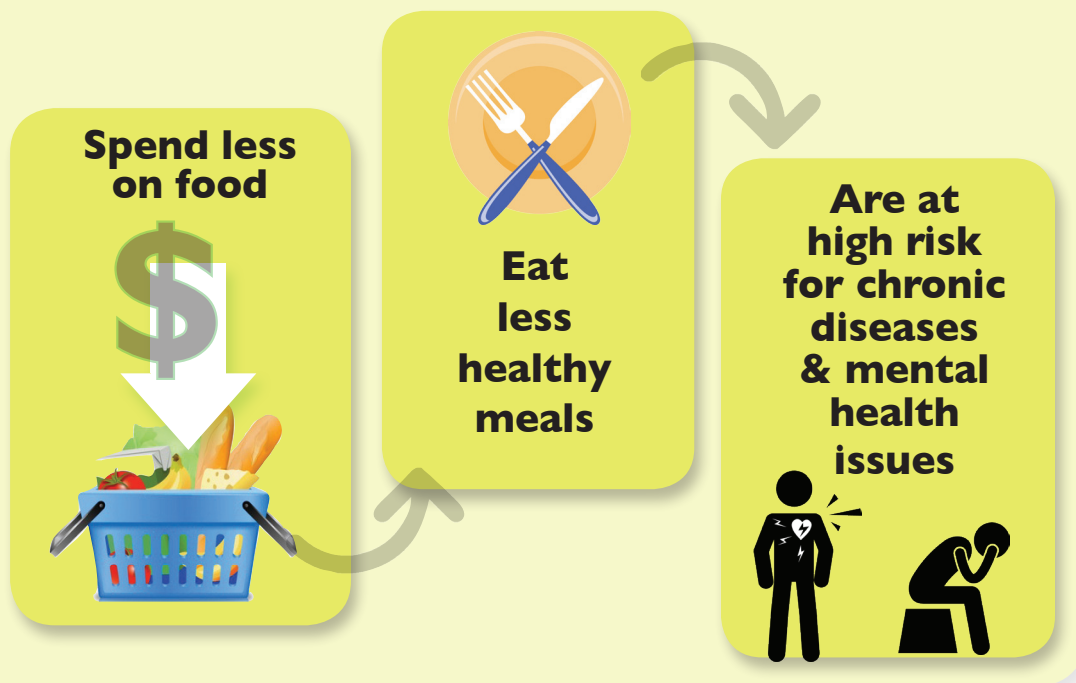


# Food Banks Cannot End Food Insecurity



**A family of four in Haliburton County needs \$6358 a month to live with dignity and meet their basic needs**

**When families don't earn enough to meet their basic needs, they:**



**Be kind, don't judge.**

**Speak up for income solutions...**

- Increase minimum wage
- Improve employment standards
- Increase social assistance rates
- Provide a basic income guarantee